

EL SILENCIO LODGE

EXPERIENCE PORTFOLIO





EL SILENCIO

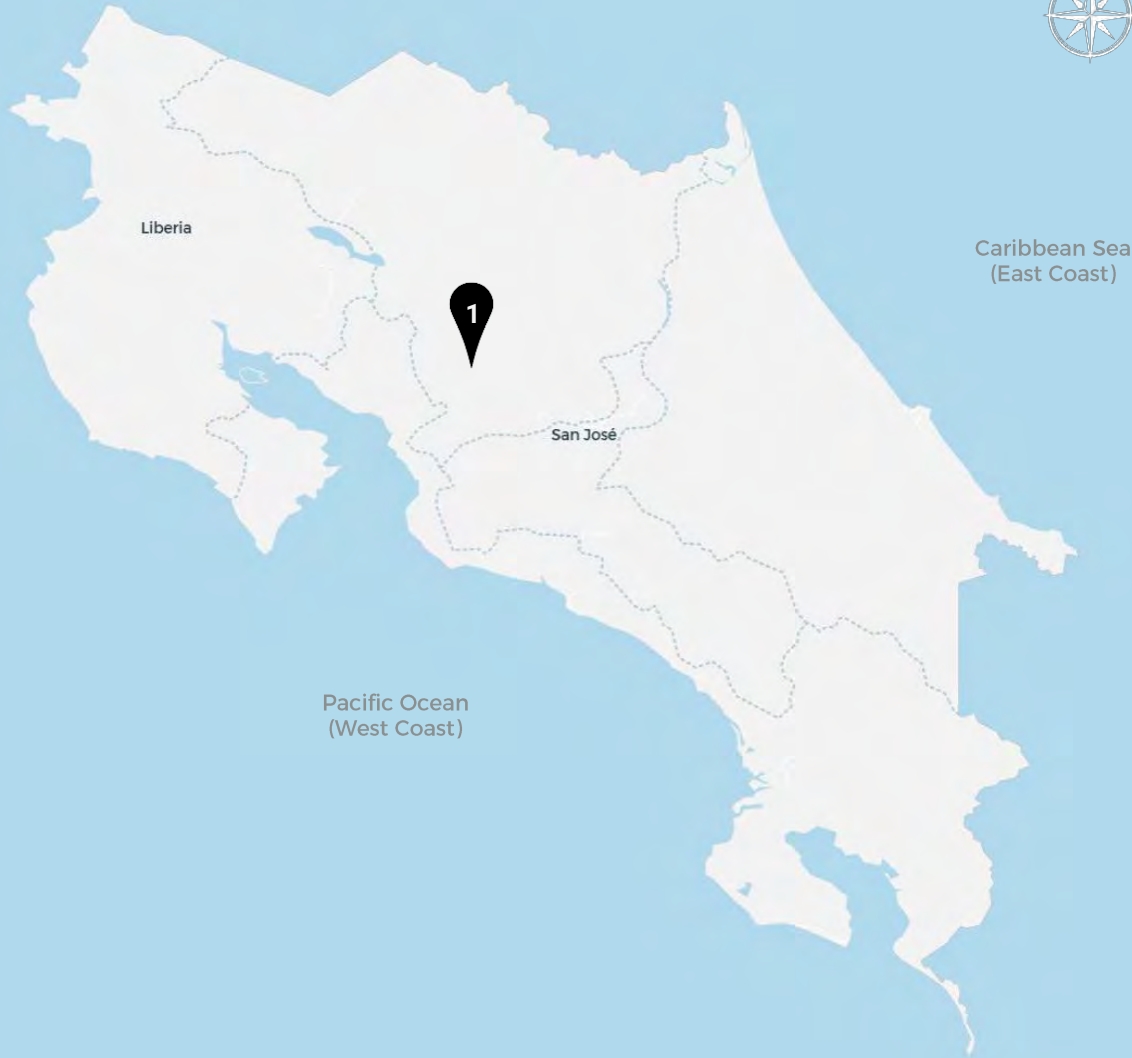
As one of the most unique and tranquil luxury Costa Rican resorts, El Silencio Lodge & Spa is an inspired natural immersion retreat that celebrates Costa Rica's charming cloud forest highlands. Located on a 500-acre private reserve nestled between the Juan Castro Blanco and Poás Volcano National Parks, this unique destination draws visitors who want to live a transformative, nature-immersion experience. Misty tropical cloud forest, roaring waterfalls and colorful culture are showcased through heartfelt hospitality and upscale facilities. Our local staff will make you feel right at home as you enjoy your honeymoon, wedding, family vacation, or special event. Our eco resort was created to be a luxury retreat for travelers who desire authentic experiences where they can achieve a deep connection with nature.

EL SILENCIO LODGE EXPERIENCES



EL SILECIO LODGE EXPERIENCES





COSTA RICA

1. Bajos del Toro: El Silencio Lodge.

WATERFALL MAGIC

Explore a waterfall wonderland. The best way to enjoy our private trails! Either on your own or with one of our Eco-Concierge, who will guide you along paths that trace a pristine creek to find soothing waterfalls. Learn the fascinating secrets of the cloud forest eco-system.

Included: Transportation, bilingual guide, bottle of water, snacks.

Duration: 2 Hours.

What To Bring: Strap-on sandals or tennis shoes, extra clothes to change after the tour, water bottle, raincoat (rainy season), sunscreen, and insect repellent.



WATERFALL MAGIC



HORSEBACK ADVENTURE

Pastoral landscapes are best appreciated on horseback. Take a leisurely ride along our trails and breath in fresh mountain views of the surrounding forest during the journey.

Duration: 2 hours.

Included on the rate: Guide, equipment.

What to bring: Light, comfortable clothing, closed shoes,, camera, sunscreen lotion, insect repellent.



HORSEBACK ADEVENTURE



PLANT YOUR TREE

Plant a living legacy in Costa Rica's carbon-offsetting forests and help bring back beautiful Quetzal birds to the region. This complimentary ceremony is one of the highlights of the El Silencio Experience.

Duration: Approximately 20 minutes.

What to Bring: Camera, Hiking shoes,, water, repellent, comfortable clothing.



PLANT YOUR TREE





BIRDWATCHING

Start your day surrounded by some of nature's most enticing bird species. El Silencio' trails are peppered with the area's most exciting feathered species including diminutive hummingbirds, black guans, and the seasonal quetzal. Great photo-ops for everyone, from newbies to experienced enthusiasts.

BIRDWATCHING





This extraordinary journey explores the kaleidoscopic world above the rainforest and showcases unique bird diversity through various ecosystems and heights. Guests can take either a dawn or a sunset birdwatching tour, which can be easily adapted to their level of knowledge and expectations. A must for avid birders.

Included: tour guide, basic equipment.

Duration: 1.5 hours.

What to bring: Hiking shoes, repellent, sunscreen lotion, water.



RUM TASTING & PAIRING

You will be delighted by the refined taste of the Costa Rica's internationally renowned Centenario rum. Our rum expert, Didier, will lead you through a tasting and food pairing, including a 25-year aged rum.

Included: Transportation,

Duration: 1 hour.

What to bring: Comfortable cloth.





MYSTIC HIKE

A time for intention and meditation. The perfect chance to experience the cloud forest from a different and holistic perspective. Take an inspired walk through a magical knot garden, hidden paths that embrace nature's elements and our delightful hummingbird garden. Your Eco-Concierge will guide you through a short yet inspiring walk through the four-element trail as we focus on consciousness, happiness, and our higher purpose.

Included: Transportation, guide, entrance fee, and safety equipment.

Duration: 1.5 Hours

What to Bring: Comfortable clothing, tennis shoes, jacket or raincoat & sun protection.





COOKING LIKE A TICO

Foodies will love picking their own organic veggies and herbs to prepare Costa Rica's hearty traditional dishes with our Chef. Learning about your destination's homespun culinary favorites is one of the best ways to connect with its culture and traditions.

Included: Personal chef, materials, food.

Duration: 2 hours.

What to bring: Comfortable clothes, closed shoes.



A person wearing a red shirt and a red helmet is rappelling down a large, mossy waterfall. The waterfall is cascading over a dark, wet rock face. The person is positioned in the middle of the waterfall, with a rope visible on the right side. The background shows lush green foliage and a forest canopy.

ADVENTURE PARK

Bring out your inner daredevil! Zip-line over the forest canopy and rappel down the face of roaring waterfalls. Choose your favorite or complete both for the ultimate bragging rights.

Included: Bilingual naturalist guide.

Duration: Half Day

What to bring: Comfortable clothing, hiking boots or tennis shoes, binoculars, sunscreen lotion, insect repellent, rain gear.



COFFEE JOURNEY

Embrace Costa Rica's coffee excellence. An interactive session to savor this invigorating beverage. Learn from its history, social impact, varieties, and diverse brewing methods. Features premium samples from the highlands that trim El Silencio Lodge & Spa.

Included: Guide.

Duration: 1 Hour

What to Bring: insect repellent, sunscreen protection, water bottle.





COCKTAIL CLASS

Join our bartender at Toro Bohemio Bar and learn how to master the craft of mixology while making your own cocktails with different local ingredients in this fun class. Our cocktail class is designed with 4 cocktails and is all about shaking, making and tasting! Classes are every Friday, Saturday and Sunday at 4:00 pm. for about an hour long.

Included: Snacks and water.

Duration: 1.5 hours.

What to Bring: comfortable clothing



GORRION RIVER FISHING

An engaging, back-to-basics option for all. The peaceful Gorrión River is teeming with rainbow trout, darting through the water in flashes of silvery color. Follow the stream along the dense forest and enjoy a unique connection to raw nature. We provide all fishing gear. Catch & capture modality will let you enjoy your fresh trout at Las Ventanas Restaurant.

Included: snacks, water.

Duration: 2 Hours.

What To Bring: Bathing Suit, T-shirt, sunscreen, Change of clothing.



GORDON RIVER FISHING





MOUNTAIN BIKING

Embark on an intense Cloud Forest mountain biking trail experience at El Silencio Lodge & Spa. We have trails inside the property that will allow you to experience trail mountain biking at a top-level. There are three different routes in the property that are classified according to distance and level of skills as: Red (7,5km), Yellow (4km), Easy (1,8 km).

Included: Transport, naturalist guide, snacks and water bottle.

Duration: 5 Hours

What to Bring: Dry-fast light clothing, camera, raincoat, hiking shoes or rubber boots, binoculars, sun protection, repellent, swimming suit, and a towel .

MOUNTAIN BIKING



WINE TESTING

Our Sommelier will guide you through a unique, fun and creative experience. In this relaxed and quaint environment, you will be educated in the types of grapes which produce wine in different regions of the world. Involve yourself in discussions over the best wine to accompany a meal with your expert guide who loves to share his passion of wine with the group. The wines you have the opportunity to taste vary from every day delights to fine wines to celebrate special occasions.

Included: Transportation, guide, water, snacks.

Duration: 4 Hours

What to Bring: clothing, tennis shoes or hiking shoes, sun lotion, insect repellent and camera



A lush green jungle scene with rain falling. The background is a dense wall of dark green foliage. In the foreground, there are several large, vibrant green leaves with prominent veins, some showing a yellowish-green hue. Thin, brown vines hang down from the top, some with small, bright green leaves. The overall atmosphere is fresh and natural.

OFF-SITE EXPERIENCES



LAS GEMELAS WATERFALL HIKE

A challenging and well-worth it hiking session to reach a pair of Costa Rica's most stunning azure waterfalls. The vibrant glowing blue color is caused by reflections of the volcanic mineral content of the water, creating a sight to behold and photograph.

Included: Transportation, bilingual certified guides, snacks, water.

Duration: 4 Hours.

What To Bring: close toed shoes, sunscreen, rain coat, camera, backpack, bottle of water.

LAS GEMELAS WATERFALL



DEL TORO WATERFALL

A challenging hike down to the base of a roaring 400-foot waterfall that sinks into an extinct volcanic crater. Enjoy the sounds of tropical birds and howler monkeys as you make your way down the steep jungle path. Take time to rest and enjoy breathtaking views from lookout points along the way.

Included: Transportation and bilingual, snacks, bottle of water.

Duration: 5 hours.

What to Bring: Comfortable clothing, tennis shoes, sun block or sun tanning lotion.



DEL TORO WATERFALL



LA TIRIMBINA CHOCOLATE TOUR

A former cocoa bean plantation embedded in the Sarapiquí River basin lets visitors experience a hands-on chocolate making session. From cracking open the raw cocoa fruit to hand grinding and adding your favorite complementary flavors for the perfect organic chocolate experience, a delicious adventure awaits.

Included: Guide, tasting.

Duration: 2 hours.

What to bring: Comfortable clothes and shoes, sunscreen.







SARCHI: THE OXCART PATH

Explore the process of these delicious seed called cacao done by Costa Ricans. Enjoy this unique and fun local activity by tasting and learning all the different steps of the cacao tree, savor this seed from its process of growing in the tree, to its final shape of a chocolate bar. Located only 45 minutes from Origins, this is an excellent experience in a local farm surrounded by birds and nature. You will be able to smell, touch, see plants, flowers, bird and much more.

Included: Water, Transportation, Bilingual guide.

Duration: 4 Hours.

What to Bring: Tennis shoes, sunscreen, shorts, comfortable clothes, and camera.



ARENAL VOLCANO & HOTSPRINGS

Set in Costa Rica's lush northern plains, Arenal Volcano is one of Costa Rica's most iconic landmarks. A magnificent towering volcano that's surrounded by wild vegetation and an underground maze of steamy hot springs. Perfect for therapeutic relaxation.

Included: Tour guide, entrance fees..

What to bring: Comfortable clothes, a rain jacket or an umbrella.

Duration: 8 hours



ARENAL VOLCANO & HOTSPRINGS



POZO AZUL WHITE WATER RAFTING



For an ultimate Costa Rica adventure experience, trigger your adrenaline white water rafting down the Sarapiquí River.

Included: Transportation, guide, entrance fee, and safety equipment.

Duration: 5 Hours

What to Bring: Comfortable clothing, tennis shoes, jacket or raincoat & sun protection.

POZO AZUL WHITE WATER RAFTING



